

BIOGRAPHY AND ARTIST STATEMENT



SHEILA GRUBB

BIOGRAPHY: Sheila Grubb spent her childhood in Western Montana and Eastern Washington. From an early age she was influenced by the infinite beauty of the Pacific Northwest. Born with a talent to paint, she pursued art to visually communicate and share with others how nature and the environment have impacted her life. The vastness of this country and a free spirit sparked her ambition to travel. As soon as she could drive, she began exploring the roads and countryside around her. After extensively driving America's endless roads and traveling all 50 states, she expanded her travels to other countries, searching for inspiration by observing different cultures and people in their landscapes. In 2003 Grubb began to attend Pacific Northwest College of Art (PNCA) in Portland, Oregon and graduated in 2007 with a BFA in Painting. She relocated back to Spokane, Washington and later purchased an old farmhouse on 10 acres that overlooks Peone Prairie and Mt. Spokane. For several years she worked as a Visitor Services Lead at the MAC (Northwest Museum of Arts & Culture), then spent over 10 years working as a supervisor at a local greenhouse overseeing the perennial and culinary herb programs. Working in these environments helped her identify the therapeutic qualities of both art and nature, heightening her awareness of how intensely they are connected. Grubb is currently navigating life's obstacles as the single mother of a busy 4-year-old and pursuing her art professionally.

ARTIST STATEMENT: Her experience and passion for plants and painting has inspired her to meld the two and she is pursuing opening her own business, "The Corner - Gallery & Gardens". Her aspiration is to share both art and nature in a unique way positively impacting her local community. Grubb enjoys painting in oil on wood panels and experiments with other water media, where she depicts color fields in abstract motion. Through this, she captures the emotional essence of the earth, plants, and human life. She interprets and reinvents her environmental experience, subtly encouraging viewers to embrace their differences and celebrate the commonalities they share through the landscape. She believes art bridges generations and her goal is to have her work accessible to all, where they can be immersed in the stillness of a space, finding a place where the mind can rest. Her artwork is full of color, texture, and produces a mood which realistically portrays both the beauty and chaos of this land and life. "What am I going to do" 2011 Oil on Wood panel 24" x 28" 2011 "Looking back" with self portrait, 2021.

CONTACT INFORMATION: sheila@sheilagrub.com